

**SMT:** JD Hogue  
**Site:** Hammit Junior High School

**Session Date:** 4/6/2015  
**Session #:** 8

**Comprehensive Materials List:** Guitar

1. Application #1: **JD**

**Title:** Hello

**Goal:** To improve communication skills.

**Objective:** Client will verbalize clearly 2 out of 5 times when prompted in the session by May 7, 2015.

**Rationale:** Communication is a critical life skill that will help convey his needs and desires.

**Data Collection Method:** Frequency; the number of times Client responds to the SMT.

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015.

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him lead a life the least restrictive environment as possible.

**Data Collection Method:** Frequency; the number of completed trials during a session

**Transition:** While SMT is playing the chorus for the last time, the co-SMT will start passing out scarves.

2. Application #2: **Maria**

**Title:** "Mirrors Copying"

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015.

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him lead a life the least restrictive environment as possible.

**Data Collection Method:** Frequency; the number of completed trials during a session

3. Application #3: **Maria**

**Title:** The Question Ball

**Goal:** To improve communication skills.

**Objective:** Client will verbalize clearly 2 out of 5 times when prompted in the session by May 7, 2015.

**Rationale:** Communication is a critical life skill that will help convey his needs and desires.

**Data Collection Method:** Frequency; the number of times Client responds to the SMT.

**Goal:** To improve cognition

**Objective:** Client will verbally respond on-topic to SMTs verbal prompt 2 out of 5 times during the session by May 7, 2015.

**Data Collection Method:** Frequency; the number of times Client responds on topic to a question SMT asks.

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015..

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him led a life the least restrictive environment as possible.

**Data Collection Method:** Frequency; the number of completed trials during a session

**Transition:** Play chords for the next song while collecting the ball and passing out instruments.

#### **4. Application #5: JD**

**Title:** Combo Band

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015.

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him led a life the least restrictive environment as possible.

**Procedure:**

1. SMT will explain to the group that whenever "Puff" is sung, the person with the drum will play. Whenever "Dragon" is sung, the person with the claves will play. Whenever "sea" is sung, the person with the rain stick will play. Whenever "mist" is sung, the person with the frog rasp will play. Whenever "Honalee" is sung, the person with the chime tree will play.
2. SMT will have sing a practice lyric and have the group practice the above words and playing.
3. SMT will play the song twice.
4. After playing the song twice, SMT will ask the group
  - a. "How did you feel about what we just did?"
  - b. "How could we make it better?"

**Music:** Puff the Magic Dragon by Lipton and Yarrow.

**Transition:** SMT will collect the instruments and ask the clients to stand up.

5. Application #5: **JD**  
**Title:** Cha Cha Slide

**Procedure:**

1. SMT will play a recording of the song and ask the clients to follow the directions.
2. During the first iteration of the song, SMT will teach clients the moves to the song.
3. SMT will continue for the duration of the song.

**Music:** Cha Cha Slide by DJ Casper.

**Transition:** SMT will ask the Client if they remember the song we wrote to help them calm down. After a few answer, SMT will move quickly to the next application.

This time we're gonna get funky  
Everybody clap your hands  
Clap clap clap clap your hands  
Clap clap clap clap your hands

Alright we gonna do the basic steps  
slide to the left  
slide to the right  
Take it back now y'all  
One hop this time  
Right foot lets stomp  
Left foot lets stomp  
Cha cha real smooth

Now turn it out

To the left  
Take it back now y'all  
One hop this time  
Right foot lets stomp  
Left foot lets stomp  
Cha cha now y'all

Now it's time to get funky

To the right  
To the left  
Take it back now y'all  
One hop this time, one hop this time  
Right foot two stomps  
Left foot two stomps

Slide to the left  
Slide to the right  
Criss cross, criss cross  
Cha cha real smooth

Lets go to work

To the left  
Take it back now y'all  
Two hops this time, two hops this time  
Right foot two stomps  
Left foot two stomps  
Hands on your knees, hands on your knees  
How low can you go  
All the way to the floor  
Like you never never stoped  
Can you bring it to the top  
Like you never never stoped

Get funky with it

Ooooooooooh yeah (come on)  
Cha cha now y'all

Turn it out  
To the left  
Take it back now y'all  
Five hops this time  
Right foot lets stomp  
Left foot lets stomp  
Right foot again  
Left foot again  
Right foot lets stomp  
Left foot lets stomp  
FREEEZE

Everybody clap your hands  
(Come on y'all) (Check it out y'all)  
How low can you go?  
Can you go down low?  
All the way to the floor  
How low can you go?  
Can you bring it to the top?  
Like you never never stop?  
Can you bring it to the top, one hop

Right foot now  
Left foot now y'all  
Cha cha real smooth

Turn it out  
To the left  
Take it back now y'all

One hop this time  
One hop this time  
Reverse (reverse)  
Slide to the left  
Slide to the right  
Reverse, reverse  
Reverse, reverse

Cha cha now y'all, cha cha again  
Cha cha now y'all, cha cha again

Turn it out  
To the left  
Take it back now y'all  
Two hops two hops  
Two hops two hops  
Right foot lets stomp  
left foot let stomp  
Charlie brown  
Turn it out now

Slide to the right  
Slide to the left  
Take it back now y'all  
Cha cha now y'all

Oooh yeah mmm, yeah do that stuff oooh yeah I'm out y'all peace!

**6. Application #6: JD**

**Title:** 3 Little Things

**Goal:** To improve cognition

**Objective:** Client will verbally respond on-topic to SMTs verbal prompt 2 out of 5 times during the session by May 7, 2015.

**Data Collection Method:** Frequency; the number of times Client responds on topic to a question SMT asks.

**Goal:** To improve communication skills.

**Objective:** Client will verbalize clearly 2 out of 5 times when prompted in the session by May 7, 2015.

**Rationale:** Communication is a critical life skill that will help convey his needs and desires.

**Data Collection Method:** Frequency; the number of times Client responds to the SMT.

**Transition:** "Those are great things we can do to calm down when we are upset. Sadly, it is time for us to go, and Maria has a song for us to say goodbye."

### **Closing Application: Maria**

**Goal:** To improve communication skills.

**Objective:** Client will verbalize clearly 2 out of 5 times when prompted in the session by May 7, 2015.

**Rationale:** Communication is a critical life skill that will help convey his needs and desires.

**Data Collection Method:** Frequency; the number of times Client responds to the SMT.

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015..

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him led a life the least restrictive environment as possible.

**Data Collection Method:** Frequency; the number of completed trials during a session

**Transition:** The therapist will now tell the client that the session is finished