

## Progress Note

SMT: JD Hogue

Session Date: 6/18/14

Site:

Session #: 10

Client:

### SECTION I – Client Progress

#### 1. APPLICATIONS

Hello Song – JD

Therapeutic Purpose: To orient client to the session and start one-on-one dialogues.

Memory Sticking – JD

Therapeutic Purpose: To get client to play an instrument rather than singing.

*I Got Rhythm* - Rozie

Therapeutic Purpose: To break up the monotony of talking and start moving arms

Hokey Pokey Chair Dance - Rozie

Therapeutic Purpose: To continue working on arm control

When The Saints Go Marching In -JD

Therapeutic Purpose: To break up the monotony of arm control exercises and move to gait exercises

Swing Low – JD

Therapeutic Purpose: To incorporate more intense arm control exercises

Zip A Dee Doo Dah Reminiscence - Rozie

Therapeutic Purpose: To stop gross motor activities and start client-SMT discussions again

She'll Be Coming Around the Mountain Sing Along – Rozie

Therapeutic Purpose: To break up the monotony of one-on-one client-SMT discussions and engage everyone in an activity

Square Dancing – JD

Therapeutic Purpose: To break up the monotony of playing, singing, sitting, and to allow one more opportunity to work on gait control

I'll Be Seeing You- - JD

Therapeutic Purpose: To provide another opportunity to reminisce and to create an extended goodbye because it was the last session.

Goodbye Sweetheart –Rozie

Therapeutic Purpose: To orient client to the end of the session give closure to the session

## 2. CLIENT DATA

**Goal:** To maintain verbalization

**Objective:** Client will verbally respond to the SMT when the SMT asks her a question at least 4 out of 5 trials (80%) during the session.

**Data:** Client spoke during 5 out of 5 of the trials

**Outcome:** Objective met

**Goal:** To maintain short-term memory

**Objective:** Client will correctly an SMT movement by herself after the SMT showed it to her at least 4 out of 5 trials during a session.

**Data:** Client correctly repeated 5 out of 5 actions.

**Outcome:** Objective met

**Goal:** To maintain gross motor movement

**Objective:** Client will complete at least 80% (4 out of 5) of the physical movement trials in every session.

**Data:** Client completed 4 out of 5 of the physical movement trials.

**Outcome:** Objective met.

**Goal:** To maintain long-term memory

**Objective:** Client will tell at least two stories from her past as prompted during the session.

**Data:** Client told 2 stories during the session.

**Outcome:** Objective met.

## 3. CLIENT OBSERVATIONS

Client successfully completed 5 out 5 verbalization trials, 5 out of 5 short-term memory trials, and 4 out of 5 gross motor trials, and she provided 2 long-term memory stories during the session. Compared to the previous session, Client did not repeat her stories, information, and questions as often. As usual, she was on topic, and if she remembered something that did not directly relate to topic, she managed to relate it to the topic.

The last session might have been an outlier. Perhaps, she was just repeating information she heard other people say because she could not hear SMT. When talking to other clients, I should repeat what the clients say to incorporate everyone else. This behavior will be difficult to remember in the moment, but it will help engage all of the members of the group.

## **SECTION II – SMT Progress**

### **1. THOUGHTS AND FEELINGS**

I do not believe that we performed this session as well as the last session, but I do think that we facilitated it well. I do not think that there were many pitch issues, but I do think that the song-discussions went well. The clients stayed on topic during the discussions.

The transitions were smoother, but they seemed a little forced to me. The song-discussions also seemed a little forced. During the short-term memory application, I forgot to state when it was my turn to play and when it was their turn to play. Forgetting this step a couple of times caused a little hesitation in their playing. When I remembered this step, though, they managed to stay on task.

I will need to practice remembering stating whose turn it is when it is that person's turn. For the transitions, I will need to plan on using more music and fewer words.

## **SECTION III – Notes for Next Session**

### **1. FEEDBACK**

- The supervisor mentioned that the end of I'll Be Seeing You was not quite correct.
- The supervisor mentioned that I was too wordy with my transitions.
- The supervisor stated that when they say something, I should repeat what they say for the rest of the group to hear.

### **2. PLANNING**

- I will limit the wordiness in transitions, even moving straight into then next application.
- I will practice the short-term memory application.