

Final Progress Note Format  
MUS: 298.01

SMT: JD Hogue  
Initial of Client:  
Age: 14  
Individual/No. in Group : 5  
Length of Session: 25 min

Supervisor: May  
Diagnosis: Autism  
Gender: Male  
Location:

**Assessment Summary:**

- Assessment Date: 2/2/15-2/226/15
- During the assessment phase of treatment, client would only speak when asked a direct question, only move when verbally prompted, and would barely interact with others unless given direct, one-on-one attention. I chose the following goal areas to address these deficiencies in behavior.

**Goal:** To improve communication skills.

**Objective:** Client will verbalize clearly without 2 out of 5 times in the session by May 7, 2015.

**Rationale:** Communication is a critical life skill that will help convey his needs and desires.

**Data Collection Method:** Frequency; the number of times Client responds to the SMT.

**Goal:** To improve social skills

**Objective:** Client will complete at least 2 out of 3 trials involving social skills during the session by May 7, 2015.

**Rationale:** Social skills will help client manage himself in social situations without becoming aggravated, which will let him led a life the least restrictive environment as possible.

**Data Collection Method:** Frequency; the number of completed trials during a session

**Goal:** To improve cognition

**Objective:** Client will verbally respond on-topic to SMTs verbal prompt 2 out of 5 times during the session by May 7, 2015.

**Rationale:** Client sometimes answers a question off-topic. Responding on-topic will help Client have conversations and connect with other people.

**Data Collection Method:** Frequency; the number of times Client responds on topic to a question SMT asks.

### Music Therapy Interventions:

- Client engaged in music and movement interventions. These interactions gave the client opportunities to march, move with ribbons, and dance. All movements were set to the rhythm of the music. During these interventions, clients would lead the group and follow others leading the group.
- Client engaged in musical interventions of singing and playing instruments. Singing allowed the client to practice verbalizing and communicating. Playing instruments allowed the client to practice the social skill of sharing.
- Clients engaged in song-discussions. These song-discussions allowed the client to practice communicating and verbalizing without singing and to do so on-topic.

### Non-Musical Strategies

- Client needed consistent and direct one-on-one interactions. SMT would give Client verbal and nonverbal directions, positive reinforcement, and encouragement to try again when Client did not engage in the desired behavior.

### Data Analysis:

#### Goal: To improve communication skills

Compared to the assessment data, Client went from communicating once during a trial period to communicating twice by the end of the treatment. See Figure 1 for session-by-session progress.

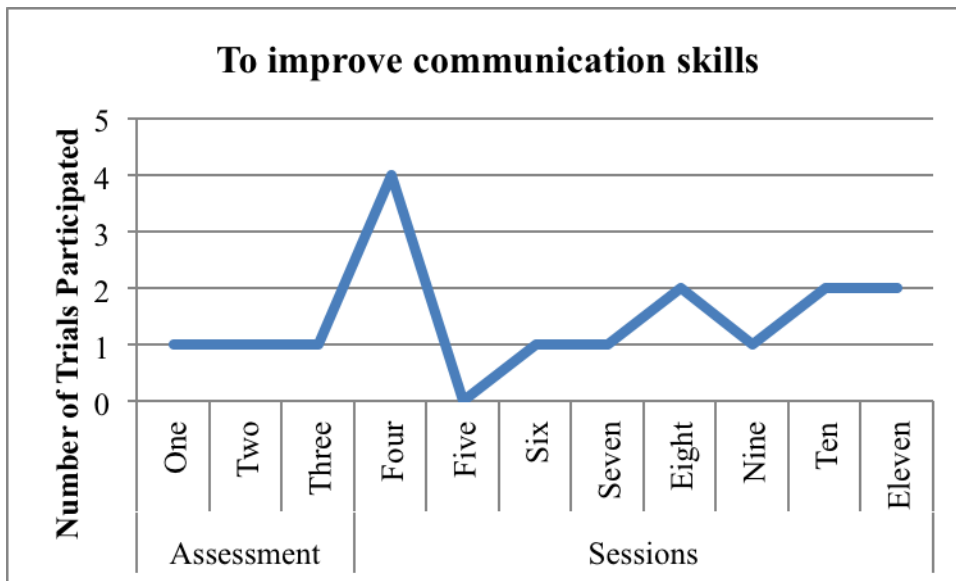


Figure 1. Treatment data for improving communication skills

**Goal: To improve social skills**

Compared the to assessment data, Client made increases increased the number of social interactions for the fourth, fifth, and eighth sessions but went back to assessment levels by the end of the treatment. See Figure 2 for a depiction.

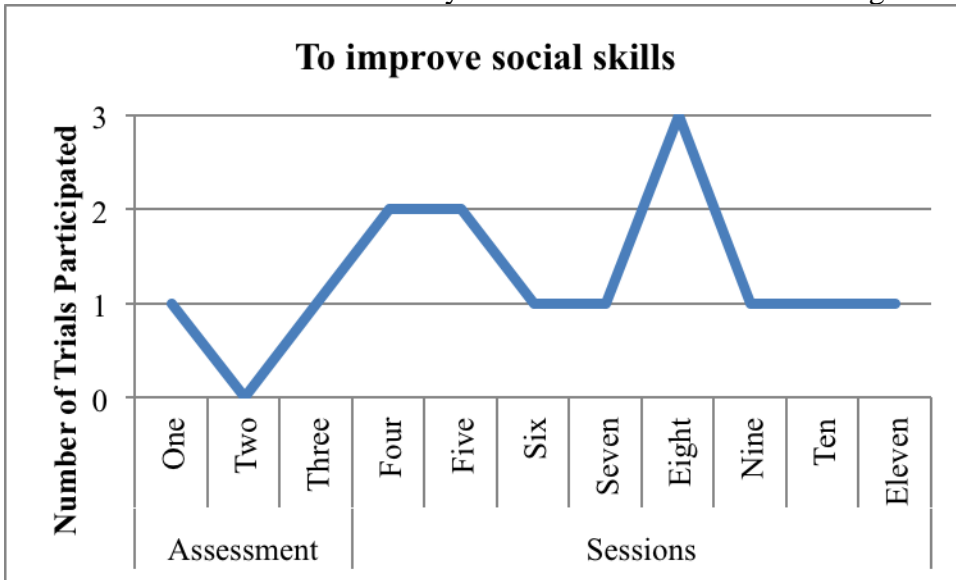


Figure 2. Treatment data for improving social skills

**Goal: To improve cognition**

Client gave more on-topic verbalizations in sessions four and eight than in the other sessions. By session 11, Client functioned around assessment levels. See Figure 3 for a visual depiction.

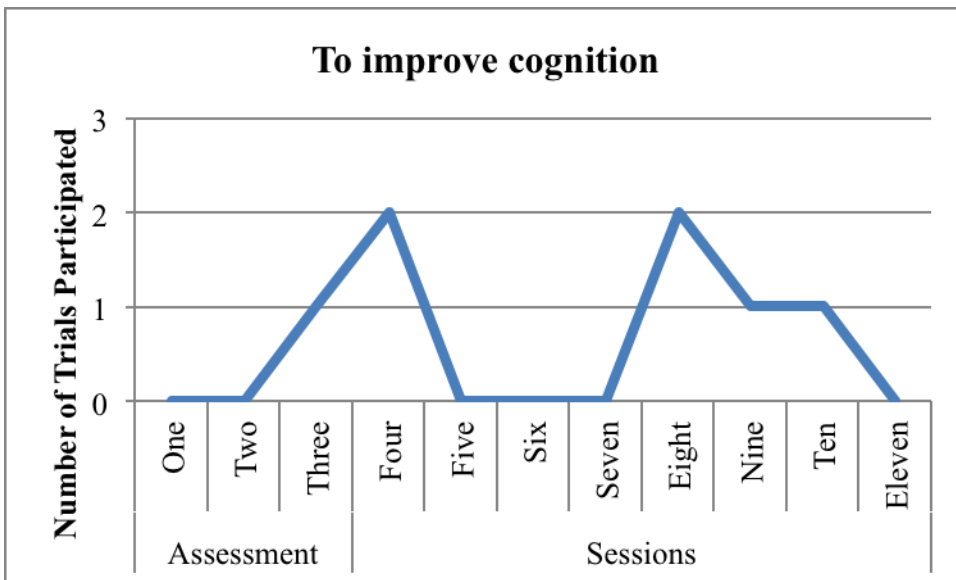


Figure 3. Treatment data for improving cognition

## **Evaluation of the Music Therapy Interventions**

- Did the client meet or make progress toward treatment goals and objectives?  
Client met the objective for improving communication skills but did not meet the objectives for improving social skills and improving cognition. Client started to make progress in these last two skills but reverted back to assessment levels by the end of treatment.
- If yes, what do you believe was effective?  
Client needed individualized, one-on-one interactions to engage in the interventions. These one-on-one interactions forced client to participate the most.
- What was the impact of the MUSIC on your client's progress?  
For this client, it did not appear that music did much to help him.
- From the categories of interventions you listed previously, which were most effective, or not?  
The interventions to improve cognition (the song-discussions) were the least effective for the client. To answer a question, Client often needed simple questions in a yes/no format. Because most people ask him a question where the answer is automatically yes, Client gives an automatic yes response, and it is often impossible to determine if he is on topic or not.

## **Additional Observations:**

Client would often say that he would be will to try an intervention again, but when given the chance he did not do anything. It is possible that he is confusing "yes" with "no."

## **Additional Information Deemed Pertinent in Reference to the Client or Group:**

Do not rely on having internet access. If you are using recording music, have the song downloaded and queued before entering the building.

**Future Recommendations:** Based upon your observations and data collection, provide thorough answers to the following questions:

- Should your client continue to receive music therapy services?  
This client does need further music therapy services.
- If yes, what treatment goals should be addressed, and why? What types of specific music interventions should be implemented, and why?  
Client still needs work on verbalizing, socializing, and cognition.